

TELOPEA PARK SCHOOL MENU 2020

EVERY DAY SNACK MENU

Fresh Apple or Orange(G)	\$1.30
Watermelon Pot(G)	\$2.50
Homemade Biscuit(A)	\$1.00
Homemade Muffin(A)	\$1.00
Popcorn Plain(A)	\$2.00
Chocolate Mousse(A)	\$2.00
Mixed Berry Yoghurt & Honey Pot(A)	\$2.00
Jelly with Fruit(A)	\$1.50
Hommus and Crudites(A)	\$2.00
Boiled Egg(G)	\$1.00
Paddle Pop (Rainbow or Chocolate)(A)	\$2.20
Frozen Fruit Cup(A)	\$1.00
Frozen Quelch Stick(A)	\$1.00
Frozen Yoghurt(A)	\$2.50

SANDWICHES

Vegemite, or Cheese, or Ham(A)	\$3.00
Ham & Cheese(A) or Cheese & Tom(G)	\$3.60
Ham, cheese and Tomato(A)	\$4.20
TOASTED EXTRA	\$0.50
Egg lettuce & Mayo(G)	\$4.20
Tuna Lettuce & Mayo(G)	\$4.20
Chicken Lettuce & Mayo (G)	\$4.20
Chicken Salad(G)	\$4.70
Ham Salad(A)	\$4.70
Salad(G)	\$4.70

GLUTEN FREE BREAD AVAILABLE ON LUNCH ORDER \$1.00 extra

SALAD BOXES

Chicken Salad Box(G)	\$5.50
Ham Salad Box(A)	\$5.50
Chicken Caesar(A)	\$5.50
Chicken Coriander(G)	\$5.50
Greek Salad(A)	\$5.50
Fruit Salad(G)	\$4.50
Pasta Salad(A) TERM 1 & 4 ONLY	\$5.50
Asian Noodle Salad(G) TERM 1&4 ONLY	\$5.50
GLUTEN FREE PASTA (Nuttelex & Light Tasty Cheese)(G) Lunch Order Only	\$5.00

SUSHI MONDAY ONLY

Tuna, Beef Teriyaki, chicken Teriyaki, or Vegetarian roll(GF)(A)	\$3.60ea
Sushi Mini box – Tuna, Chicken Teriyaki, Cucumber, Avocado or Tuna & Chicken Teriyaki Combo)(GF)(A)	\$4.20ea
Rice Paper Rolls – Chicken or Vegetarian(GF)A	\$3.60ea

LUNCH ORDERS ONLINE: www.quickcliq.com.au

Hot Food

Sweet Chilli Chicken Wrap(lettuce, Mayo & Sweet Chilli Sauce)(A)	\$5.50
Chicken Burger (Lettuce & Mayo)(A)	\$5.50
Baby Peri Peri Chicken & Lettuce Wrap(A)	\$3.50
Oven Baked Wedges(A)	\$4.00
Cheese Pizza Homemade(G)	\$2.00
Ham & Cheese Pizza Homemade(A)	\$2.50
Garlic Bread(A)	\$0.60
Party Pies(A)	\$1.20
Cruiser Pies(A)	\$4.00
Sausage Roll(A)	\$3.20
Tomato Sauce(A)	\$0.30
Hash brown(A)	\$1.00
Quesadilla(G)	\$2.00
Chicken Noodles(A)	\$2.80
Roast Beef Gravy Roll (TUESDAY)(A)	\$4.50
Pulled Pork Coleslaw Roll (Wednesday)(A)	\$4.50
Lasagne (Lunch order only)(A)	\$4.50
Beef Burger(lettuce & Mayo)(Lunch Order)(A)	\$5.50
Chicken Nuggets(each)(A)	\$0.60

DAILY SPECIALS

Monday – Penne Pasta(G)
Tuesday – Butter Chicken with rice(A)
Wednesday – Spaghetti Bolognese(G)
Thursday – Macaroni and cheese(A)
Friday – Spinach Ricotta Ravioli(A)
LARGE \$5.50 SMALL \$4.00

DRINKS

Oak Milk 300ml Choc, Strawberry, Banana(G)	\$2.70
Plain Milk 300ml(A)	\$2.00
Oak milk 600ml (HIGHSCHOOL ONLY) chocolate, strawberry, vanilla	\$3.40
Oak Ice Coffee 300ml(HIGHSCHOOL ONLY)	\$2.70
Water 600ml(G)	\$2.60
Fruit Juice 250ml(A)(orange, apple, B'currant)	\$2.00
Glee(Tropical, B'currant, Grape, R'berry)(A)	\$2.80
Appletiser(A)	\$3.10
Mt Franklin sparkling water	\$3.10
Mt Franklin Sparkling (Berry, Lime, Lemon)(G)	\$3.10
Mt Franklin sparkling 250ml(Lime or R'berry)(G)	\$2.70
Mt franklin water(No Sugar)250ml pop top (Apple, Lemon Lime or Pineapple)(G)	\$2.60
Cool Crush/slushy	\$2.60

Winter Warmer Homemade Soup with Bread Roll(G) (TERM 2 & 3 only) \$4.50
(G) green (A) Amber (GF) gluten free

