

## **Anti Bullying Policy**

*Any student reported for bullying others, will be interviewed by the Executive teacher of Student Welfare. Students will be counselled. Should the bullying continue, further consequences will be applied. These incidents will be recorded and the Year Coordinator will be involved. Others who may be involved include the Counsellor and the Pastoral Care Coordinator.*

Being bullied or harassed means that individuals or groups are subjected to behaviour that is hurtful, threatening or frightening and this behaviour is repeated overtime.

Bullying can take many forms:

### **Physical Bullying**

Includes pushing, shoving, punching, kicking, poking, and tripping people up, inappropriate gestures or invasion of personal space.

It may also take the form of physical assault.

### **Verbal Bullying**

Includes name calling, offensive language, putting people down, picking on people because of their race, gender, religious creed, physical appearance or academic ability.

### **Cyber Bullying**

Is any form of bullying or harassment by an electronic device, e.g. sms messagers via a mobile phone or the Internet .

### **Visual Bullying**

Includes offensive notes or material, graffiti, staring, damaging other people's possessions such as clothing, school books, school bag.

### **Victimisation**

Includes stand- over tactics, picking on others, threats to 'get' people, intimidation, extortion, repeated exclusion or isolation.

Students need to talk to a teacher if they are feeling unsafe. If students remain silent they may be encouraging the bully to continue bullying or harassing.

If you see someone being bullied or harassed tell the bully to stop and/or inform a teacher. Do not be a bully bystander. If in doubt, talk to someone in Student Services. Student Services is there to support you; guide you and help you develop strategies to build resilience.

**Contact Anti-Bullying officer Phone : 62055599 Email: [ursafe@telopea.act.edu.au](mailto:ursafe@telopea.act.edu.au)**